

Soft Landings

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- Suggested story concept
- Designed and produced models for photography
- Researched and wrote story and instructions



➤ Fresh and fun, these bed linens are economical, easy-sew projects that are perfect to put together with a funky selection of coordinating prints. Use extra-wide fabric or flat sheets for the duvet cover; for the pillow covers, check out the remnant bins at your favourite fabric store for inexpensive ends and find vintage embroidered fabrics at flea markets and garage sales.

Find more easy-sew bedroom accessories such as bolster covers and pillows.

YOU NEED:

For all projects

Fabric (see Step 1 for each project, below, to determine required amount)

Matching or contrasting thread

Dressmaker's chalk pencil, ruler and set square

For duvet and pillow covers

Matching or coordinating flat, sew-through buttons (see Step 3 for each project, below, to determine required number of buttons)

TO MAKE:

NOTES:

- Read Designer's Tips before you start.
- Use dressmaker's chalk pencil, ruler and set square to measure and mark fabric when cutting out.
- Backstitch at beginning and end of each seam, remove pins as you stitch, and use 1.5 cm (5/8-in) seam allowance unless otherwise indicated.

DUVET COVER

1 Measure length (down bed) and width (across bed) of duvet. To length, add 11.5 cm (4½ in) for total length; to width, add 8 cm (3⅞ in) for total width. From fabric, cut 2 pieces (for front and back), each total length x total width.

2 Press under 2.5 cm (1 in), then 2.5 cm again, along bottom edge of each piece; to hem, edgestitch along inside fold. With right sides together and edges even, pin then sew front to back along side and top edges. Clip seam allowance at corners; turn right side out and press edges. With pins perpendicular to each edge, pin front to back around side and top edges; with edges even, pin hemmed

edges together 15 cm (6 in) in from each bottom corner. Stitching 2.5 cm from edge and beginning at farthest pin from 1 bottom corner, stitch to nearest corner, up side edge, across top edge, down remaining side edge and around corner to last pin, creating 2.5 cm flange around side and top edges and leaving centred opening along bottom edge. If desired at each end of opening, machine-zigzag bar

tack, from stitch line to pressed bottom edge, then edgestitch to nearest corner.

3 At evenly spaced intervals, 15 to 25.5 cm (6 to 10 in) apart along bottom edge of front, mark buttonhole placement; just outside stitch line and parallel to edge, make buttonholes. On inside, mark corresponding button placement along bottom edge of back; sew on buttons.

DESIGNER'S TIPS

- **For pillowcase and duvet cover, pick pure cotton fabric – that's tightly woven and smooth – for comfort. Pieces of fine vintage linen or linen/cotton blends are also good choices.**
- **Preshrink and press all fabrics before you start to cut and sew.**
- **If you like, you can choose a different print or solid for the front and back of the duvet cover, so you can flip it over for a new look.**
- **Sew up patchwork pieces for the front and back of a pillow cover if you like, patching a random pattern or stitching two identical patterns so seams align at the edges of the cover.**
- **For pillowcase, cut fabrics with printed or embroidered borders so motifs form decorative bands around hem.**

Standard Sizes as Labelled

Duvet Cover (length is listed first)

Twin
229 x 160 cm (90 x 64 in)

Full
229 x 198 cm (90 x 78 in)

Queen
229 x 224 cm (90 x 88 in)

King
229 x 264 cm (90 x 104 in)

Pillowcase

Standard
76 x 51 cm (30 x 20 in)

Queen
86 x 51 cm (34 x 20 in)

King
102 x 51 cm (40 x 20 in)

PILLOW COVER

1 Measure length and width of pillow form. To length, add 7.5 cm (3 in) for total length; to width, add 6 cm (2³/₈ in) for total width. From fabric, cut 2 pieces (for front and back), each total length x total width.

2 Press under 1.5 cm (5/8 in), then 1.5 cm again, along bottom edge of each piece; to hem, edgestitch along inside fold. With right sides together and edges even, pin then sew front to back along side and top edges. Clip seam allowance at corners; turn right side out and press edges. With pins perpendicular to each edge, pin front to back around side and top edges; stitching 1.5 cm from edge, stitch up side edge, across top edge and down remaining side edge, creating 1.5 cm flange around side and top edges and leaving bottom edge open.

3 At evenly spaced intervals, 5 to 10 cm (2 to 4 in) apart along bottom edge of front, mark buttonhole placement; just outside stitch line and parallel to edge, make buttonholes. On inside, mark corresponding button placement along bottom edge of back; sew on buttons.

PILLOWCASE

1 Check Standard Sizes (above right) to determine finished length and height of desired case. To length, add 3 cm (1¹/₈ in) plus desired hem depth for total length; to height, add 3 cm for total height. From fabric, cut 2 pieces (for front and back), each total length x total height.

2 With right sides together and edges even, pin then sew front to back along bottom, 1 side and top edges. Clip seam allowance at corners; if desired, trim seam allowance to 3 mm (1/8 in) and machine-zigzag to bind. Turn right side out. Press under 1.5 cm (5/8 in) around raw edge, then press under desired hem depth; to hem, edgestitch along inside fold. ●